Dear Resident

**Message from Calderdale Council**

Are you feeling the pinch? It goes without saying that the cost-of-living crisis is affecting everybody in some way or another. For some it may be cancelling the Netflix or Amazon Prime subscriptions and taking a holiday in the UK rather than abroad but for others it’s much more serious and may be building up rent arrears and not being able to feed their family.

We’re currently pulling together some really helpful support which we’ll tell you about soon but to support you now Calderdale’s Anti-Poverty Partnership has prepared a **2-page cost-of-living factsheet and 1-page affordable warmth guide.** Talk about it with people you meet every day, such as your colleagues, partners, clients, friends or relatives.

So how can you increase your household income? Here are a few examples...

* Across Calderdale thousands of people are missing out on benefits they are entitled to. Encourage people you know to check their entitlements. The [Money & Wellbeing Information Centre](http://www.calderdale.gov.uk/mwic) will point you in the right direction.
* Cut your energy use and potentially save £375 a year on your bills and help the planet. This includes simple things like drying clothes naturally and washing at 30 degrees. Watch out for our #fuelyourknowledge campaign in the autumn.
* Sharpen up your budgeting skills. There are budget tools online to help you create a budget. If you don’t have one try this 30 minute [budget tool](https://www.citizensadvice.org.uk/debt-and-money/budgeting/budgeting/work-out-your-budget/) to get started.

For enquiries about the Money & Wellbeing Information Centre [www.calderdale.gov.uk/mwic](http://www.calderdale.gov.uk/mwic) or factsheet please email antipovertyaction@calderdale.gov.uk.

We’d love to hear how this information has helped you or someone you know. If you have any feedback, please email it to antipovertyaction@calderdale.gov.uk.

**For a digital version of above with live links etc, please email Wadsworth Parish Council at: wparish@hotmail.com**